



# Care & Supporting Independence

## Rope Walk



### Main features

**Ages: 60+** (55+ if registered with a disability)

Resident Services Worker

27 one bedroom flats

One x two bedroom flat

Lift

Community alarm system

### Communal facilities

Communal lounge

Laundry room

Two bedroom guest room

Communal patio garden

Off-road parking

### Rope Walk

Medina Road, Cowes, PO31 7DX

Rope Walk is a sheltered scheme for older people who want to retain their independence.

The scheme is situated close to shops, including a supermarket, and local churches, bus stop and ferry services to Southampton.

The scheme has a Resident Services Worker and is linked to an out-of-hours emergency service. Social activities such as coffee mornings and afternoon tea are held in the communal lounge.

We welcome residents from all sections of the community.

### How to get there



**Directions** Rope Walk is on Medina Road, just up from the floating bridge.

**Bus** The bus station is 10 minutes' walk away.

Call Care and Supporting Independence on **01983 522 479** option 1, then option 2.

[www.shgroup.org.uk](http://www.shgroup.org.uk)

# Sheltered housing schemes

Southern Housing Group provides self-contained flats in 10 sheltered housing schemes on the Isle of Wight for more than 300 people aged 60 or over.

To apply for a place, older people will need to put their names down on the Island Homefinder register.

Each scheme has a Resident Services Worker, who provides an intensive housing management service while on duty. Out of hours, residents have access to a community alarm call system.

Resident Services Workers will:

- make daily calls to all residents
- promote continued independence
- encourage residents to get involved in scheme activities
- involve other organisations that have resources to offer our residents
- signpost residents to specialist agencies.

Alongside the flats, schemes usually provide some shared facilities. For details see the front of this leaflet.

## Contact us

To find out more about this scheme or to arrange a visit, call **01983 522 479**. You may wish to give this number to your Care Manager if you have one.

For help with translations, or if a large type, Braille or audio summary would be useful, please contact the Southern Housing Group Service Centre on **0300 303 1772**.

