



Suitable raised beds and containers can be purchased or built by volunteer groups with appropriate guidance, materials and expert supervision. Substrate and vegetable and fruit plants can be purchased from numerous vendors or can be grown from seed by residents.

<b>Suitability</b>	Low to medium density housing.
<b>Management type</b>	Food growing. This option would work well as a companion activity with 'install a water butt' and 'build/install compost bins'.
<b>Supplier information</b>	Useful online advice/resources from : <ul style="list-style-type: none"> <li>• Garden Organic: <a href="http://www.gardenorganic.org.uk">http://www.gardenorganic.org.uk</a>.</li> <li>• Social Farms &amp; Gardens (free membership): <a href="http://www.farmgarden.org.uk">http://www.farmgarden.org.uk</a>.</li> </ul>
<b>Community engagement?</b>	Yes – good opportunity to create a resident gardening group and establish a community food-growing project. Potential to collaborate with other partners e.g. Garden Organic, Social Farms & Gardens.
<b>Benefits</b>	<ul style="list-style-type: none"> <li>• Provides fresh, organic, nutritional and low-cost food to residents, improving health and well-being.</li> <li>• Opportunities to create community gardening group with associated social benefits (e.g. increases community cohesion and promotes sense of ownership by residents).</li> <li>• Organic vegetable and fruit plants are very good for biodiversity as well. Fruit bushes for example are key to the survival of a few very rare moth species that have declined by over 90% in the last 40 yrs because of reduced growing of fruit plants and increased use of pesticides.</li> </ul>
<b>Costs/Disbenefit</b>	Financial cost: Low.
<b>Level of ongoing maintenance</b>	High.



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## SUSTAINABILITY

# Create vegetable plots

		Notes
<b>How achieved</b>	<p>Suitable raised beds and containers can be purchased or built by volunteer groups with appropriate guidance, materials and expert supervision. Suitable sites for these structures should be identified.</p> <p>Substrate and vegetable and fruit plants can be purchased from numerous vendors or can be grown from seed by residents.</p>	
<b>Timing of activity</b>	Any time.	
<b>Long-term management</b>	<p>Fruit trees and bushes should be pruned annually as appropriate, fruit and vegetables harvested and annual vegetable plants re-sown as appropriate depending on what is grown and how regularly produce is harvested.</p> <p>Such areas should not be left to get overgrown and regular watering may be required.</p>	